



# HARBOURSIDE KITCHEN



Available 9am-11.45am. Please order at the counter

## Cooked breakfast

### **Captain's breakfast**

Red tractor bacon, Cumberland sausage,  
hash brown, baked beans, flat mushroom,  
tomatoes & fried egg  
£12.95 1204 kcal

### **Veggie breakfast**

Quorn sausages, hash brown, baked  
beans, flat mushroom, tomatoes & fried  
egg  
£12.95 811 kcal

## Breakfast Baps

Bacon bap  
£5.95 444 kcal  
*Add a fried egg for £1.50 124 kcal*

Sausage bap  
£5.95 458 kcal  
*Add a fried egg for £1.50 124 kcal*

Vegan sausage bap  
£5.95 393 kcal

Free-range egg and spinach bap  
£4.95 368 kcal

## "On Toast"

Smashed avocado, red tractor bacon &  
poached egg on sourdough toast  
£8.95

Smashed avocado & poached egg on  
sourdough toast  
£6.95

Two poached eggs on sourdough toast  
£5.95

## Porridge £4.95

*Add a topping for £1.00*

Homemade granola  
Strawberry jam  
Sliced banana  
Honey

*Please ask a member of the team for allergy information  
Adults need around 2000 calories a day*